

Amy Bishop

2023 4-H Canada Leadership Excellence Awards of Distinction
Recipient, Environment & Healthy Living

Amy Bishop from St. Mary's, NL first joined the Zodiac 4-H Club over 10 years ago and she hasn't looked back since. During her time with the club, she has held every executive position, and credits 4-H with developing her leadership skills and helping to find her voice.

Through 4-H projects, Amy has explored a wide variety of interests, including baking, photography, community service, and drama. She has also sharpened her public speaking skills, racking up awards at competitions, including winning the provincial title in the 2023 Senior Double Demo.



A highly active student, Amy has been captain of the badminton, ultimate frisbee, and volleyball teams, and has earned three back-to-back Scholar Athlete Awards for athletes who maintain a grade average of 90% or higher. Plus, she holds numerous extracurricular positions, including Leadership Chairman, which involves mentoring students and kickstarting initiatives to ensure a positive school environment. She also finds time to volunteer for community clean-ups, school recycling blitzes, and even upcycles t-shirts into reusable tote bags.

Additionally, Amy has taken on the role of Head Coordinator for Participation Nation, a program that promotes movement and healthy habits for children. Her commitment to helping others also led Amy to become a member of the Beyond the Hurt team, where she engaged with her school and community to combat bullying.

Amy's post-secondary path aligns with her passion for healthy, active living, and her commitment to helping others. She will be attending the Memorial University of Newfoundland to obtain a Bachelor of Science, before moving on to specialize in dentistry. Her ultimate career goal is to help make dental care more accessible for rural communities.