

Elena Sales

2022 4-H Canada Leadership Excellence Award of Distinction
Recipient, Environment & Healthy Living

Elena Sales grew up on an organic blueberry farm near Qualicum Beach, BC, a small town on the East Coast of Vancouver Island.

During her eight years in 4-H, Elena has been involved in photography, poultry, and fibre arts projects and has served as Club President and Vice President. Elena flourished in 4-H public speaking competitions, winning the BC 4-H Communications Finals in 2020. Currently, as a junior leader, she mentors club members in communications and is developing an educational website for the club.



Elena's experience with 4-H public speaking inspired her to use her voice to advocate for change. As student council president, she led a district-wide zero waste initiative and implemented a composting and recycling program at her high school. Outside of school, she has been involved with various municipal and community environmental committees, helping make her community more sustainable.

In addition, Elena co-founded the Vancouver Island Eco Restoration in 2021 and started an annual trash cleanup challenge, which cleaned up over 1,000 pounds of garbage.

In 2022, she led student council to create and publish a youth anthology on climate change, combining her love of photography and her passion for climate action. All proceeds will go to environmental non-profits. Outside of 4-H and volunteering, Elena spends her time as an actress, singer, dancer, and track and field athlete.

In the fall of 2022, Elena will be pursuing a Bachelor of Science at McGill University. She hopes to continue to protect and restore the environment she loves and inspire others to take action.